

Breast Cancer Surgery Pre-operative Class

Information about our class and how to join:

This class will teach you important information regarding your recent diagnosis, surgery and recovery. Learn helpful tips on nutrition, important day-of-surgery details, lymphedema precautions and post-operative exercises. Facilitated by the Huntington Cancer Center breast nurse navigators and Huntington Health physical therapists.

This class is taught online via Microsoft Teams on the 2nd and 4th Wednesday of every month, 2 - 3 p.m. (unless otherwise noted).

Dates for 2024:

- January 10, 24; February 14, 28; March 13, 27; April 10, 24; May 8, 22; June 12, 26; July 10, 24; August 14, 28; September 11, 25; October 9, 23; November 13 only; December 11 only.

Please RSVP at least 24 hours prior to the class by email or phone.

MS Teams link will be sent to your email address prior to the class.

- HBCpreop@huntingtonhospital.com or (626) 397-2525.

